

Pen Bay 5K Run/Walk
 Rockland, Maine Saturday April 13, 2024 9:00 a.m.
 Proceeds to benefit Pen Bay Christian School
 Timing, Registration, & Finish Line Management by Run In A Race, LLC
 question@RunInARace.com 207-232-8394 RunInARace.com

Overall 5K Results

Position	Bib	Name	Finish	Pace	Age	Gender	City
1	171	Kyle Wood	18:08.97	5:51	24	M	Rockland
2	91	Nevan Power	19:36.22	6:19	17	M	Warren
3	169	Benjamin Robertson	21:01.41	6:47	17	M	Rockport
4	106	Darren Winchenbach	21:07.43	6:49	42	M	Sace
5	165	Daniel Taylor	21:47.69	7:02	37	M	Union
6	101	Addison Whitworth	22:20.40	7:12	48	M	Appleton
7	172	Jennifer Frank	23:22.62	7:32	46	F	Windsor VT
8	107	Bridger Winslow	24:22.12	7:52	13	M	Union
9	156	Chris Bowman	24:42.33	7:58	22	M	Washington
10	71	Nichole Grassi	24:55.30	8:02	46	F	Camden
11	180	Brayden Strong	25:04.09	8:05	15	M	OH
12	175	Sienna Barstow	25:12.92	8:08	28	F	
13	102	Jessica Whitworth	25:43.57	8:18	51	F	Appleton
14	39	William Blake	25:53.52	8:21	12	M	Appleton
15	86	Brian Peck	26:40.20	8:36	51	M	Hope
16	179	Everett Hymes	27:31.04	8:53	14	M	Waldo
17	190	Justin Bari	27:35.63	8:54	48	M	
18	15	Soren Adolphsen	29:01.38	9:22	6	M	Hope
19	14	Sam Adolphsen	29:02.14	9:22	38	M	Hope
20	174	Dean Adolphsen	29:12.40	9:25	34	M	
21	167	Gabriel Gilchrest	29:32.70	9:32	37	M	Friendship
22	88	Claire Philbrook	29:33.21	9:32	38	F	Owls head
23	35	Silas Bellows	29:49.93	9:37	11	M	Waldoboro
24	33	Philip Bellows	29:50.41	9:37	36	M	Waldoboro
25	166	Austin Adolphsen	30:04.88	9:42	16	M	Appleton
26	24	Reid Atwood	30:08.32	9:43	7	M	Albion
27	81	Remi Mank	30:30.81	9:50	9	M	Albion
28	76	Jason Kaler	30:32.90	9:51	49	M	Camden
29	70	Emily Emmott	30:44.08	9:55	39	F	Rockland
30	63	Lisa Cebula	31:42.60	10:14	25	F	Rockland
31	176	Ralph Gentile	32:00.98	10:19	72	M	Andover MA
32	191	Grayson Smith	32:08.87	10:22	2	M	Rockport
33	188	Karly Robinson	32:10.88	10:23	27	F	Rockland
34	94	Connor Rowlands	32:37.85	10:31	18	M	Morrill
35	187	Sophia Smith	32:54.65	10:37	6	F	
36	186	Dakota Smith	32:55.35	10:37	31	M	
37	64	Carly Crockett	32:59.43	10:38	8	F	Lincolntown
38	189	William Knowlton	33:29.29	10:48	16	M	Washington
39	77	Cassidy Kaler	33:31.24	10:49	9	F	Camden
40	31	Zinka Bari	34:04.23	10:59	15	F	Friendship
41	67	Justin Curtis	34:30.62	11:08	38	M	Rockland
42	170	Levi Winchenbach	35:53.91	11:35	12	M	Waldoboro
43	168	Brysen Gilchrest	36:09.59	11:40	13	M	Friendship
44	73	Becca Johnson	36:14.01	11:41	36	F	St. George
45	181	Josie York	36:28.48	11:46	9	M	Rockland
46	90	Ainslee Pine	36:36.26	11:48	45	F	Rockland
47	10	Nick Adolphsen	36:38.70	11:49	39	M	Rockport
48	8	Levi Adolphsen	36:39.56	11:49	9	M	Rockport

49	17	Troy Adolphsen	36:42.13	11:50	10	M	Hope
50	19	Danny Allen	36:46.40	11:52	68	M	Rockland
51	89	Lucy Philbrook	37:51.78	12:13	10	F	Owls head
52	177	Victor Matthews	38:15.03	12:20	11	M	Rockland
53	7	Karlynn Adolphsen	38:45.75	12:30	8	F	Hope
54	4	kara adolphsen	39:38.19	12:47	38	F	Hope
55	62	Levi Callahan	40:30.17	13:04	10	M	Rockland
56	72	Nicole Greenlee	40:38.55	13:06	47	F	Kodak TN
57	85	Charles Noke	40:40.25	13:07	15	M	Warren
58	87	Abel Philbrook	40:46.22	13:09	12	M	Owls head
59	97	Natalie Smith	42:43.12	13:47	8	F	Tenants Harbor
60	178	Noah Robertson	42:44.59	13:47	8	M	Rockport
61	78	Lillian Karpowich	42:53.35	13:50	7	F	Warren
62	96	Bethany Smith	42:54.06	13:50	39	F	Tenants Harbor
63	79	Gillian Lafleche	43:09.47	13:55	24	F	Winslow
64	92	Gabby Proulx	43:09.95	13:55	24	F	Camden
65	3	Audrey Adolphsen	45:12.17	14:35	8	F	Rockport
66	13	Owen Adolphsen	45:36.10	14:43	6	M	Rockport
67	184	Serabella Matthews	46:35.08	15:02	12	F	Rockland
68	29	Abigail Bari	46:36.13	15:02	17	F	Friendship
69	182	Dan Quigley	46:57.71	15:09	63	M	Milford NH
70	183	Cindy Quigley	46:58.56	15:09	62	F	Milford NH
71	185	Steven Welube	47:42.63	15:23	30	M	Rockland
72	65	Gracie Curtis	49:47.77	16:04	8	F	Rockland
73	37	Tristan Blais	49:56.20	16:06	16	M	Warren
74	38	Christopher Blais	50:08.06	16:10	40	M	Warren
75	32	Katie Bellows	50:50.10	16:24	36	F	Waldoboro
76	34	Rebekah Bellows	50:50.91	16:24	9	F	Waldoboro
77	83	Colton Martz	51:04.42	16:28	8	M	Union
78	80	Miles Mank	51:04.80	16:28	7	M	Albion
79	82	Bonnie Martz	52:01.33	16:47	40	F	Union
80	75	Mallory jones	52:08.59	16:49	11	F	Rockport
81	195	Emma Philbrook	53:44.16	17:20	18	F	Owls Head
82	69	Kinsli Duke	53:58.19	17:25	9	F	Camden
83	193	Allison Philbrook	53:59.82	17:25	47	F	Owls Head
84	74	Georgia jones	55:10.63	17:48	9	F	Rockport
85	66	Hadley Curtis	55:41.04	17:58	9	F	Rockland
86	68	Mallory Curtis	55:47.20	18:00	5	F	Rockland
87	100	Alexa Watkins	56:46.30	18:19	13	F	Hope
88	93	Chelsea Rabara	1:00:48.53	19:37	14	F	Hope
89	103	Willow Whitworth	1:00:48.65	19:37	16	F	Appleton
90	192	Naomi Philbrook	1:00:59.01	19:40	14	F	Owls Head
91	43	Charlotte Callahan	1:00:59.02	19:40	15	F	Rockland
92	173	Ellie Adolphsen	1:04:25.89	20:47	8	F	
93	194	Jason Philbrook	1:04:27.75	20:47	48	M	Owls Head
94	99	john walker	1:06:17.07	21:23	76	M	Owls Head